

Fredericktown Senior Activity Center
 Phone: (740) 694-4140 ex 4300
Hours: Monday-Friday 8am-4pm
 Cindy Ault - Director Cell Phone (740) 815-2644



MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATU
28	29	30	1 Lunch 1:00 BINGO 2:00 Chris Turner – Country Club	2 Euchre Lunch – 12:00 Exercise 10:00	3	4
5	6 Exercise 10:00	7 Book Club 1:00	8 Lunch 12:00 BINGO 1:00 Uptown Lunch	9 Hand & Foot Lunch - 12:00 Exercise 10:00	10  Lunch & Coffee With a Cop 12:00	11
12 	13 Exercise 10:00	14 ELECTION 8am-1230pm Euchre Lunch - 12:00	15  Cindys Birthday! BINGO Snacks 2:00 – 4:00 Tara Severance & Ashlee Kent	16 Exercise 10:00	17	18
19	20 Exercise 10:00	21  Food Demo with Catie 11:00	22 BOARD MEETING 1:30 Lunch & Learn 12:00 Curtis Farlee - Laurels	23 Hand & Foot Lunch – 12:00 Exercise 10:00	24 KCH Pain Management 1:00	25
26	27  CLOSED	28 Swish! Lunch – 12:00	29	30 PINOCLÉ Lunch – 12:00 Exercise 10:00	31 YOUR CHOICE CARDS! Lunch – 12:00	1

Walking Hours: Monday - Friday
 Halls: 7:00 am - 4:00 pm
 Gym: 7 am - 10:30 am, 1:00 - 4:00

Gym Hours:
 Mon - Fri 6:30am - 10:00am

