

Fredericktown Senior Activity Center
 Phone: (740) 694-4140 ex 4300
Hours: Monday-Friday 8am-4pm
 Cindy Ault - Director Cell Phone (740) 815-2644

Walking Hours: Monday - Friday
 Halls: 7:00 am - 4:00 pm
 Gym: 7 am - 10:30 am, 1:00 - 4:00

Gym Hours:
 Mon - Fri 6:30am - 10:00am

February 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	29 	30	31	1 	2	3
	5 Exercise 10:00	6	7 Lunch 1:00 BINGO 2:00 Chris Turner – Country Club	8 Exercise 10:00	9 Hand & Foot Lunch 12:00	10
	12 Exercise 10:00 	13 Book Club 1:00	14 <i>happy Valentine's day</i> Lunch 12:00 BINGO 1:00	15 Hand & Foot Lunch 12:00 Exercise 10:00	16	17
	19 Food Demo with Catie 11:00 Exercise 10:00	20 Euchre Lunch - 12:00	21 BINGO Snacks 2:00 – 4:00 Nita Moore & Ashlee Kent	22 Exercise 10:00	23 YOUR CHOICE CARDS! Lunch – 12:00	24
	26 Exercise 10:00	27 Swish! Lunch – 12:00	28 Lunch & Learn 12:00 Curtis Earlee - Laurels	29 LEAP YEAR PINOCLE Lunch – 12:00 Exercise 10:00	1	2

